

Introducing ...



New!
2025



Zero Screen Time

100+ Parents, Couples own & enjoyed playing

10+ Ways to Play, Connect, Resolve, & Improve

Mindful Card Game

2-6 Players

Innovative Game Play

- Positive Affirmations
- Actionable Insights
- Personal Habits Tracker



- 21 Positive Cards
- 21 Negative Cards
- 4 Miracle Cards
- 6 Support Cards
- 14 Strategy Action
- 7 Elements Cards



Who is it for?

1. **Families:** Strengthen bonds and foster togetherness.
2. **Kids (7 to 14 years):** Enjoy fun and challenging activities.
3. **Teens:** Use it as a self-improvement tool to achieve their ambitions.
4. **Working Parents:** Engage kids meaningfully and mindfully while staying productive.
5. **Married Couples:** Develop a better understanding of each other.
6. **Individuals:** Build mindfulness and self-awareness.
7. **Teams:** Enhance collaboration, improve communication, and build a positive work culture..
8. **Elderly People:** Stay mentally active, connect with family, and share life lessons



At HabitZup, We believe that we not only shape our own lives, but also that of our younger ones.

Benefits



Positive Way of Living

Reset mind



Resolving Conflicts

Family/Team Bonding



Living in the Present

Teaching Life-skills



HabitZup™

**Mindful fun for
Family & Team**





“ It is really giving way to start the day with positivity and productive thoughts and get relax calm and peaceful at end of day.
A Couple, Pune

“ Namaste, It is the nice game to engage in free time with family. It is an amazing experience to play this new type of game.
Parent, Bengaluru

“ This was one of the best and engaging Sunday....Thanks Madan.... lot of fun and knowledge.... and yes daily 2 games are mandatory for him to play....”
Software Professional Parent, Bengaluru

Next Steps

Explore HabitZup: <https://habitzup.com/>

FAQs: <https://habitzup.com/faq/>

Game play: <https://habitzup.com/how-to-play/>

Order HabitZup Today!
<https://habitzup.com/zup-store/>



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